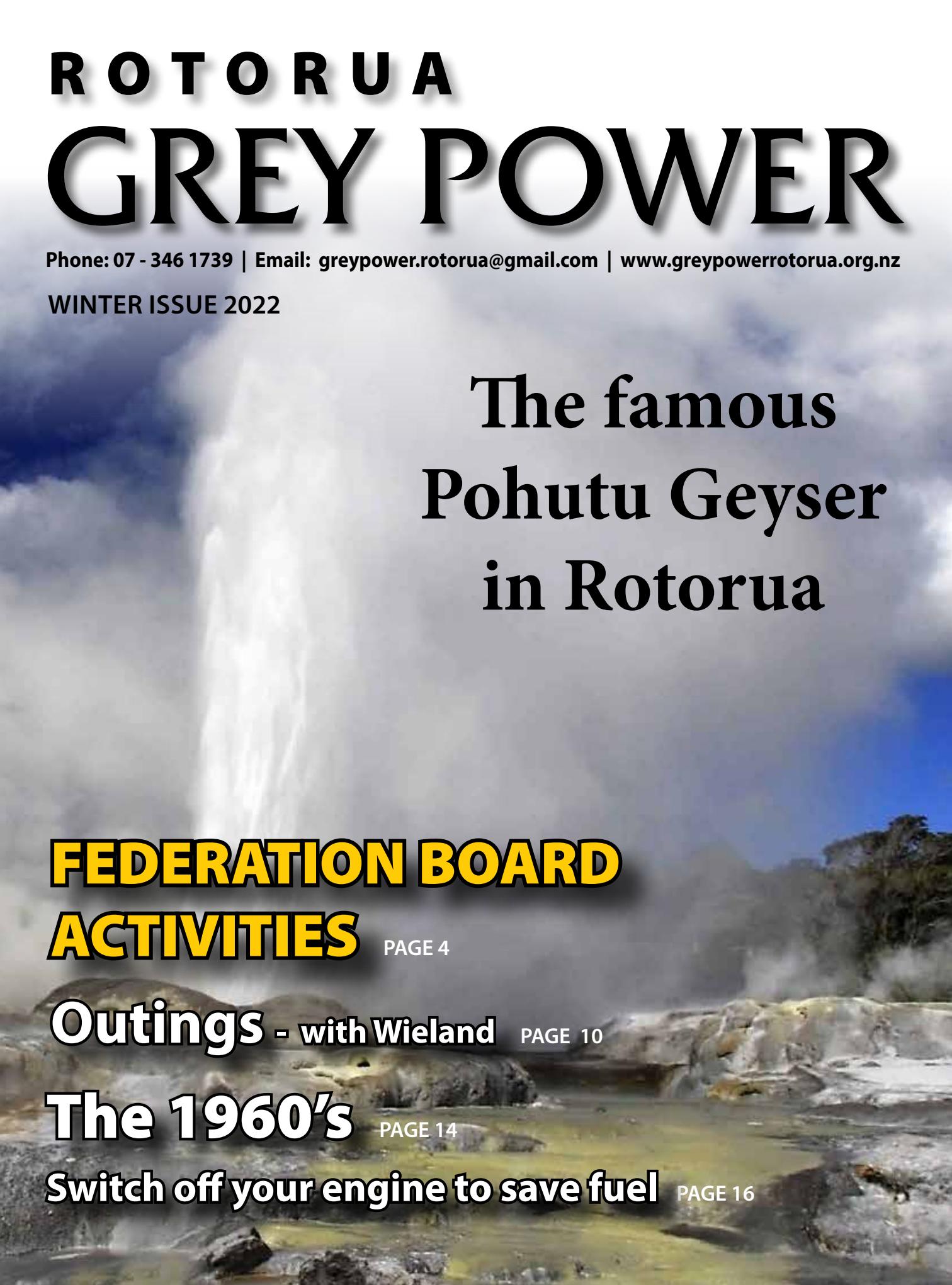


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WINTER ISSUE 2022

A photograph of the Pohutu Geyser erupting, with a powerful spray of water and steam reaching high into a cloudy sky.

The famous
Pohutu Geyser
in Rotorua

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ACTIVITIES**

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Switch off your engine to save fuel PAGE 16

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Lyn Walker

MEMBERSHIP OFFICER

Felix Hohener

WEB MASTER:

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Reynold Macpherson / Michelle Nahu / Jim Adams /
Wieland Hartwig

If there are issues you would like Grey Power Rotorua to take up on your behalf, let your Committee know by phone or contact us via our website www.greypowerrotorua.org.nz or email greypower.rotorua@gmail.com

REMEMBER Grey Power Rotorua when you change your contact details

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Please refer to our website for disclaimer.

Winter Energy Payment

The Winter Energy Payment will be paid from 1 May to 1 October. This payment helps people keep their homes and families warmer and healthier over winter. People don't need to apply for the Winter Energy Payment. If they're eligible, they'll get it automatically with their other payments.

Winter Energy Payment rates

Couples and people with dependent children will get \$31.82 a week and single people will get \$20.46 a week. If someone is getting Foster Care Allowance, they are encouraged to make contact, they may be able to pay them at a higher rate.

As 1 May is part-way through the pay period, people won't get the full amount in their first May payment - their second payment will be for the full amount. If people want to opt out - or they've opted out and now want to start getting it - they can complete the 'Stop or restart Winter Energy Payment' online form, or phone.

NZ Super or Veteran's Pension

For couples getting NZ Super or Veteran's Pension the Winter Energy Payment is paid to one person, because the payment system can't split it across two accounts. People can switch the payment to the other person's account by calling the Seniors line on 0800 552 002.

Seniors heading overseas over the winter months can keep getting Winter Energy Payment for up to 28 days while they're away. People should let them know if they plan to be away for more than four weeks, otherwise they might be paid too much and have to pay the money back.

There's more information about the Winter Energy Payment on the Work and Income website

<http://www.workandincome.govt.nz/winterenergypayment>

DID YOU KNOW THAT?

A "moment" used to be an actual measure of time and corresponded to roughly 90 seconds. It was used during the Medieval era and was derived from the solar hour (the hour on the sundial's face was, at that time, divided into 40 "moments").

Despite what cartoons have taught us, the coyote can run up to 43 miles per hour (that's nearly 70 km/h) while the roadrunner can only run up to 20 miles per hour (that's just over 32 km/h).



"Scratching my Ed"

Grey Power Rotorua Inc. is very pleased to welcome your new President, Ian Cairns and Vice-President, Keith Garrett. While losing Lyn Walker from the Committee, Wieland Hartwig is back. We are in need of a

Secretary though as Felix Hohener had to step down from the Role. He will however continue as Membership Officer.

As I promised at the AGM there will be no more contests in the magazine. Therefore it will have more articles of interest and items to make you laugh, smile and ponder.

I hope that you have been supporting our AGM free raffle sponsors to date and just a reminder that they are CountDown Central Mall, Ciabatta Bakery & Cafe, Zippy's Cafe & Bar and McLeod's Bookshop.

The year 2022 is leaping ahead and I know that we are all looking forward to the "GREEN" light sooner than later.

Gerald Hanson | ANZIM. BGE

Editor of the GPR quarterly magazine
geraldhanson.gpr@gmail.com

Collector: Yes or No?

I grew up in England and collected stamps, cigarette cards (remember them?), old bottles, bird eggs (loads of regret there!) coins and during WW2 shrapnel. There were literally tons of it in most cities; laying where it had fallen, in gardens, on roads everywhere. Right after an air raid, we kids would be out hunting for the broken bits of metal that had been anti-aircraft shells or machine-gun bullets!

in the 1930s Cadburys cocoa tins had little lead figures, soldiers mainly, as a promotion. It was brilliant, the tons of cocoa was sold just so that kids could get a complete collection of soldiers! The lead in the cocoa probably did little to help our health!

So what did you collect, there were many very fascinating items, let us know your favourite items!

Jim Adams

GREY POWER FEDERATION NEWS

Grey Power has hailed a government plan to support older people to return to and stay in the workforce as long overdue.

The Older Workers Employment Action Plan, released by Minister for Social Development and Employment, Carmel Sepuloni and Minister for Seniors, Ayesha Verrall this week, includes training and upskilling in finding and staying in work, supporting employers to be more inclusive, and planning for the effects and opportunities of an ageing workforce.

Grey Power Federation president Jan Pentecost said it had always been a concern for the federation that many capable and knowledgeable people were excluded from the workforce.

"Senior people, who have a lifetime of experience in all aspects of work, have a great deal to contribute but are all too often seen as past their use by date. That attitude can be challenging and it also denies the massive contribution such people can make to the nations' economy."

Pentecost said it was often almost impossible for people over 50 to get employment regardless of ability and experience. "That is a very shallow attitude which has dominated the job market for far too long. It also denies young and newly qualified workers the ability to learn from an older generation who have skills and abilities they may not learn anywhere else. This plan, on which Grey Power, along with other organisations, was consulted on, will go a long way towards correcting that problem."

Pentecost said remaining in the workforce for as long older people wanted to was very important for the well-being of senior people.

"It can be a huge wrench to no longer have a job to go to every day and maintaining contact with work mates and colleagues is all some senior people have. This is a very positive development.

Jan Pentecost



Our friendly club aims to foster and share the love of Country Music with people of all ages, we meet on the 1st Wednesday from 1pm-3pm and the 3rd Sunday of the month from 1pm–4.30pm at the Rotorua Bowling Club next to the Blue Baths in the Government Gardens.

\$5.00 door charge for non-members.

For more information go to Geyserland Country Music Club Facebook page or contact Dallas 350 2048 or Bruce 027 446 5800.

Grey Power Federation Board Activities Update

28 April 2022

- The AGM date was postponed until July due to concerns as to when we would be over the peak of Omicron & to ensure we didn't meet during a time of high risk to our more vulnerable members. A ZOOM alternative to physically attending the AGM will be available for up to 25 Associations. As this is the first year running a hybrid meeting, we have restricted numbers on ZOOM to better guarantee a good service. The deadline for Zone-endorsed and Association remits has been extended to May 27th and May 17th respectively.
- A letter was sent by the President to the Minister of Finance expressing the Federation's concerns about digital exclusion of older people in the banking system, and the future of banking hubs as more bank branches close. COVID has placed many of our older members under greater stress with increasing lack of access to banking services. The Board has resolved to survey members in areas with the Banking Hub trials to provide support for lobbying for their expansion across NZ.
- The Federation has raised membership concerns of cuts to Home and Community Support Services to the Prime Minister. Even prior to the cuts in services, some of which have been COVID disruptions the UN human rights expert who visited NZ in early 2020 reported that older age home-based care is insufficient and underfunded. While we accept some reduction of services due to staff illness, we are opposed to further cuts in service for those struggling – just because they managed with the help of friends and families during the recent Omicron outbreak.
- Lobbying continues to establish fairer country wide standards for over 80's driver licence tests. We are particularly concerned about the use of the MOCA test by GPs that should only be given by trained administrators. It has already been replaced in NZ by the Mini-ACE test.
- The Board is encouraging more Associations to send in short articles for the Federation magazine on activities from that may be of interest to other Associations around the country.
- With the new law on Incorporated Societies there will be a need to upgrade all Association & Federation Constitutions to meet the new requirements within the next 4 years. This can be a time-consuming task, and expensive if utilising a

solicitor. The board has proposed that the Federation prepare an Association Constitution Template that each Association can customise for their own needs without unnecessary expense and time.

- Lobbying is continuing with the Minister of health on staffing issues in Aged-Care facilities due to the significant pay disparity for nurses employed by a DHB and those in Aged-Care facilities. This disparity is currently over \$5000/year.
- The Local Bodies NAG will provide Associations with some basic support for the upcoming Local Body elections.

Recent Retirement Income Issues

- Relief to see that NZS was increased by 6% from April, to match the rise in the CPI in 2021.
- Our lobbying focuses on maintaining the age of entitlement at 65, and working to increase support for those more vulnerable older people who are entirely dependent on NZS – those who rent or still have a significant mortgage, women, as well as Maori & Pacifica. NZS was initially designed assuming that retirees would own a mortgage free home – this is increasingly no longer the case.
- There has been collaboration with the Retirement Commissioner for those retirees stranded in Australia & elsewhere due to COVID who had their NZS ceased. Significant progress was made with MSD staff being instructed to be more flexible in their approach.
- A recent surprise for some retirees returning from working in Australia has been the shock that they are not eligible for NZS until they turn 67, due to a reciprocal agreement with Australia. This has been a shock for a small number who have contacted me.
- We will be making a submission to the Retirement Commission by the end of June to support their Review of Retirement Income Policies that will be submitted to the Government by the end of this year.
- A great opportunity for Grey Power was an approach from the Minister of Social Development & Employment – the Hon Carmel Sepuloni to meet with Grey Power Federation people in Auckland on April 1st. I had 1 week to hastily arrange the meeting and included the President's from most of the Zone 2 Associations. While it was a short meeting the Minister welcomed questions

from grass-roots membership, and concluded by suggesting that we meet at least 6 monthly!

- We established that there is no increase in the Winter Energy Payment this year – despite the increases in power and gas prices. Other issues raised included access to banking services, support for those on NZS alone, delays on the WINZ Senior Line, the silo approach on eligibility for Accommodation supplements, initiatives to assist older people to downsize from larger homes to smaller warm dry properties.

David Marshall

Zone 3 Representative
Chair Retirement. Income & Taxation
National Advisory Group.



A Brief from the Chief

Hi all. Well, having been president for only just over a month there's not a lot that I have to report on, so I guess

I'll stick to trying to communicate to everybody what I believe our organisation should be here for. Many people have joined Grey Power simply to get cheaper electricity, and while this is of great assistance for many of our members, I believe that our most important role is the advocacy that we can provide for our ageing community to improve conditions and services in our city and environment through interacting with local and central government. I believe that this necessarily means that we need to be apolitical because we have to deal with whoever is in power whether you're talking about local government or whether you're talking about central government.

While we as a committee can be at the forefront of this advocacy, we can't do it alone. We need the full support of our membership, getting feedback on what we need to advocate for and also for ideas about what we can do to improve and support the well-being of our aged community including ideas about recreational activities that we can share together. I will look forward to working with you and for you in the year ahead.

Ian Cairns | President of Grey Power Rotorua Inc.

Love Food - Hate Waste

Love Food, Hate Waste New Zealand is a national campaign, started in 2016, to help New Zealanders reduce their food waste. Food waste is a massive problem in New Zealand. Not only is wasting food costing us money, it is also bad for the environment. In fact, Kiwi households throw out 86kgs of edible food each year.

How do we know how much Kiwis throw away?

We went through your rubbish. We gathered bags that were left out on the street for rubbish collection, opened them and separated out the food. We then measured it to get a picture of what Kiwis throw out. It was a gross but important thing to do. Only by realising what a problem food waste is, can we begin to solve it.

Food is wasted at all stages of the supply chain, from what is produced on farms and in factories to the excess that supermarkets throw out. However, the largest proportion of food wasted in New Zealand comes from households. New Zealand homes throw away 157,398 tonnes of food per year, all of which could have been eaten. This is enough food to feed the whole of Dunedin for just under three years!

Wasting this food costs the average household \$644 a year. Food waste ends up in the tip, along with the rest of our rubbish. When food decomposes without oxygen in the landfill it releases methane which is a harmful greenhouse gas. New Zealand's yearly food waste produces 409,234 tonnes of carbon emissions. To offset this we would need to take 150,453 cars off the road for one year or plant 163,693 trees. When we waste food, we are also wasting all of the resources that went into making it of course as well.

There are two main reasons why we throw away food: we don't eat our leftovers and some food goes bad because it is not stored properly. The foods we waste the most are bread, leftovers, citrus, apples, chicken and bananas.

The Good News is that 86% of Kiwis believe wasting food is wrong. It is easy to make small but effective changes to reduce the amount of food that you waste. You can learn how to make these changes by going to the website

<https://lovefoodhatewaste.co.nz/>

Remember, love your food to reduce your waste and save the environment.

Sources: <https://lovefoodhatewaste.co.nz/> and <https://www.consumer.org.nz/>

THE FOUNTAIN OF YOUTH?

ORIGINALLY MEANT TO BE A spring house grotto reminiscent of a Roman cavern, this 1930s spring house is fronted by an arch of stone and concrete, with an engraved stone disc declaring the "Fountain of Youth." Inside, it is surprisingly dark with a refreshing wet earth and decaying wood aroma. The space feels much like a womb, and the smell and sound of running water fills the air.

According to the Latodami Nature Centre (which keeps a timeline of the park), the Fountain of Youth was built in 1938, and the spring was enjoyed as a local water source until May 1955. Conflicting stories abound about the source of the water. Some say that this spring house was built over a natural spring, others that it was mistaken for a natural spring but was really a leak in the golf course's water system that, once fixed, led to the end of the water. Water continues to flow at the spring today.

At the far back wall there is a dark square where the pump was broken off when the spring was declared unsafe. It opens to a surprisingly long and large space that sometimes fills with water. You exit the space facing west, a direction that signifies water, the challenges of middle age, and the sacred feminine in local folk belief. An excellent time to visit the spring is just as the moon comes up over the horizon, moving in the same direction you move to exit the fountain, making it seem to transform into a magical, harmonizing space.



Courtesy of Atlas Obscura Online Magazine

New Aotearoa Unearthed podcast episode features Northland's secret war

A new addition to a popular podcast series on New Zealand archaeology throws a spotlight on little known wartime history of Northland.

Podcast editor, Rosemary Baird of Heritage New Zealand Pouhere Taonga, interviews four Northlanders who used archaeological research and investigation techniques to piece together a picture of 'Fortress Northland'; a staggering network of defence infrastructure which was constructed in panicked haste following the Japanese bombing of Pearl Harbour in December 1941. (*The Northland WW2 episode is available to download on Spotify and Apple Podcasts*).

"As a result of the Japanese attack on Pearl Harbour and conquests in the Pacific, New Zealand's military and Public Works Department fast-tracked a plan to create a network of military camps, observation stations and other war infrastructure in response to the threat," says Rosemary. The extraordinary network of camps and other facilities – including an integrated defence network in the Bay of Islands and Waitangi – was deconstructed in 1943 almost as quickly as it had appeared, after the threat from invasion had passed.

Nobody knew much about it until Jack Kemp and Bill Guthrie – two Heritage New Zealand volunteers in Northland – started investigating sites and interviewing people, with the assistance of Heritage New Zealand Northland staff Bill Edwards and James Robinson.

"This episode was a great way to capture the highs and lows of the team's journey of discovery as they undertook detective work in the archives, interviewed informants, and identified former defence sites," says Rosemary. "Their research has shed new light on this hitherto all but unknown aspect of Northland's war past."

John O'Hare

(article is
Courtesy of
Heritage New
Zealand May
magazine)



Jack Kemp and Bill Guthrie in a WW2 era jeep. Photo: HNZPT

Beverly Clock University of Otago Dunedin, New Zealand

Running since 1864, this clock has yet to be wound, one of the longest-running science experiments known

Such is the Beverly Clock, a clock invented in 1864 by Arthur Beverly and located in the foyer of the Department of Physics at the University of Otago in Dunedin, New Zealand. Run on atmospheric pressure and changes in the temperature, an airtight box inside the clock expands and contracts throughout the day pushing on a diaphragm. It takes only a six-degree Celsius temperature variation over a day to raise a one-pound weight an inch. This in turn descends, powering the clock.



Despite having never been wound, the clock has indeed stopped running a number of times due to mechanical failure, for cleaning, and on a few occasions when the temperature and atmospheric pressure has remained steady for very long periods of time.

Despite this, because the mechanism continues to function, the Beverly clock is considered one of the world's longest running experiments, and is the closest anyone will ever see to a "perpetual motion machine."

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The Ancient, Female Origins of Booze

Beer, sake had their start as women's work.

BY ANNE EBANK MARCH 28, 2022 (ATLAS OBSCURA)

You are the one who soaks the malt in a jar,
The waves rise, the waves fall.
Ninkasi, you are the one who soaks the malt
in a jar,
The waves rise, the waves fall.

This stanza, written down on a piece of clay in 1800 BC, is part of a curious hymn: part song, part recipe. Ninkasi was the Sumerian goddess of beer, and this song is also the first recorded beer recipe.

Making alcohol is usually depicted as a rugged, manly pursuit. But for millennia, fermented drinks served more as food, rather than an indulgence. (Think of beer as liquid bread.) And instead of factories, it was often made in homes, by women. Women were the primary beer-makers of Sumerian society, to the point that it was the only job available to them. In the first-discovered set of Mesopotamian laws, the Code of Hammurabi, there are no male tavern owners and brewers: Instead, the text always uses "she." Across the world, women brewed alcohol out of honey, grains, flowers, herbs, and everything else imaginable.

But as the centuries marched on, brewers gained prominence and power, and women across the world were largely supplanted by their male counterparts. Today, women brewers, winemakers, and distillers are presented as pioneers. But really they represent a return to form, as the world first enjoyed tipsy beverages thanks to women's work and ingenuity.

Sake's 'Lady of the House'

Lore has it that a goddess, Konohanasakuya-hime, first invented sake by chewing rice grains and spitting

them out, allowing the mixture to ferment into wine. Even the word for brewer, toji, at one point meant "lady of the house."

As in Europe, though, religious and social strictures tightened in the second half of the millennium. By the Edo era (1603-1867), women were viewed as inherently unclean, leading to the phrase "when a woman enters the brewery, the sake will spoil."

Yet some women continued to make alcohol to great success. Tatsuuma Kiyo, a daughter of a prominent brewing family, built the largest sake empire in Japan over the course of the 1800s. This despite never entering the brewery proper, because of the suspicion that her mere presence would sour the sake.



An elderly couple return to a Mercedes dealership to find the salesman had just sold the car they were interested in to a beautiful, leggy, busty blonde.

"I thought you said you would hold that car till we raised the \$75,000 asking price," said the man. "Yet I just heard you closed the deal for \$65,000 to that lovely young lady there. You insisted there could be no discount on this model." "Well, what can I tell you? She had the ready cash, and just look at her, how could I resist?" replied the grinning salesman.

Just then the young woman approached the old folks and handed them the keys. "There you go," she said. "I told you I could get this joker to drop the price." "See you later, grandpa."

Never mess with the elderly!

Todd McClay
Member of Parliament for Rotorua

Law and Order under threat as gang numbers grow.

I have huge respect for our police men and women who do an incredibly important job under extremely difficult circumstances - often putting themselves at risk to keep us safe. However the Government is not giving them the support or tools they need to do their job properly - and as a result we are all worse off.

It will come as no surprise that gang presence and activity is increasing, personal safety is under threat and our seniors feel less safe in their homes and on the street. We see this in our city more and more.

Increased gang presence and aggression has been a growing issue for some time. Yet Government inaction and pressures on our police has caused the situation to worsen, until some areas of Rotorua are finding things intolerable.

One of the issues exacerbating the problem is that police response times have become markedly slower in the last four years. This delay in responding causes the public to further lose confidence in the safety of their neighbourhoods, and raises both the level of anxiety and the possibility of serious injury and death.

Recent issues include the threatening and intimidation of residents, street racing and burnouts, and disorder and violence. Tania Crescent residents have been in the media recently describing the ongoing chaos that local gangs are causing. One resident described a rock thrown through a window, a fence 'smashed by cars', residents threatened and intimidated, and daily street racing in her neighbourhood. There has been a 'massive riot', and attacks on other gang members. This resident believes that it is only a matter of time before innocent bystanders are hurt.

Police Association President Chris Cahill said the data around police response times made him concerned, and he believed the public would also be concerned. But Police Minister Poto Williams told media that she wasn't sure what was going on and was not intending to find out. Williams said she was 'not over the detail' despite media having sent the details to her office.

It is clear that the Police Minister is totally out of touch with her portfolio. The Minister told the country recently that she rejects an increase in gang tensions, but this is in stark contrast with what is happening on the ground, as is evident in Rotorua.

Gang membership is growing faster than the Government is recruiting Police ... If the gangs are better resourced and growing faster, the country becomes less safe.'

Gang related firearms offences are frightening - Since

Labour came into Government, gang numbers are up 44 per cent, violent crime is up 21 per cent and Police response times have blown out.

Our police men and women work hard, they care about their jobs - they need a government that backs them not makes it harder for them to keep us safe.

Hon Todd McClay
Member of Parliament for Rotorua
Authorised by T. McClay, Parliament Buildings, Wellington

Hon Todd McClay
MP for Rotorua

I hold constituent clinics every week, and I am here to help.

1301 Amohau St, Rotorua
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07 348 5871



Authorised by Todd McClay, Parliament Buildings, Wgtn.



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Outings with Wieland

Our last outing was on 21 February. Nine of us went to Matamata to visit the Firth Museum, Tower and Gardens with old homesteads, a chapel, a post office from 1890, a school from 1892, a jail from 1897, a barn, a woodshed and stables. A very interesting and worthwhile visit.



Just a reminder – we meet every third Monday of the month at 9:30 a.m. at the Parksyde Cafe. We carpool to our destination at 10:00 a.m. sharp. We skip the meeting when our Monday falls on a holiday. We do not meet in December or January.

Our next outings – planned and suggested – will be to

- **16 May St Faiths in Ohinemutu**
A guided tour; \$5 per person; we will talk dates and times of future outings when we meet at Parksyde
- **27 June or 21 November Blueberry Farm in Mamaku**
- **17 October Hamurana Nature Reserve.**
Free for Gold Card holders; bring some drink and nibbles for yourself (I think there still is a picnic table) and some bread or cooked rice for the ducks, trout and swans
- **Volcanic Creamery in Hamurana**
(time and date still to be announced as they are too busy on Mondays).
- **Coffin Club**
- **Buried Village**
\$23 closed on Mondays & Tuesdays

Contact Wieland on (07) 985 4146 if you need more info or have suggestions.

One more thing: the suggested bus network changes (their spin doctors call it a 'refresh') are running now.



UK ALERT LEVEL

This is absolutely brilliant written by John Cleese.

The English are feeling the pinch in relation to recent Russian threats and have therefore raised their security level from "Miffed" to "Peeved." Soon though, security levels may be raised yet again to "Irritated" or even "A Bit Cross." The English have not been "A Bit Cross" since the blitz in 1940 when tea supplies nearly ran out..

The Russians have been re-categorised from "Tiresome" to "A Bloody Nuisance." The last time the British issued a "Bloody Nuisance" warning level was in 1588, when threatened by the Spanish Armada.

The Scots have raised their threat level from "Pissed Off" to "Let's Get the Bastards." They don't have any other levels. This is the reason they have been used on the front line of the British army for the last 300 years.

The French government announced yesterday that it has raised its terror alert level from "Run" to "Hide." The only two higher levels in France are "Collaborate" and "Surrender." The rise was precipitated by a recent fire that destroyed France's white flag factory, effectively paralyzing the country's military capability. They have also started wearing their reversible coats.

Italy has increased the alert level from "Shout Loudly and Excitedly" to "Elaborate Military Posturing." Two more levels remain: "Ineffective Combat Operations" and "Change Sides."

The Germans have increased their alert state from "Disdainful Arrogance" to "Dress in Uniform and Sing Marching Songs." They also have two higher levels: "Invade a Neighbour" and "Lose."

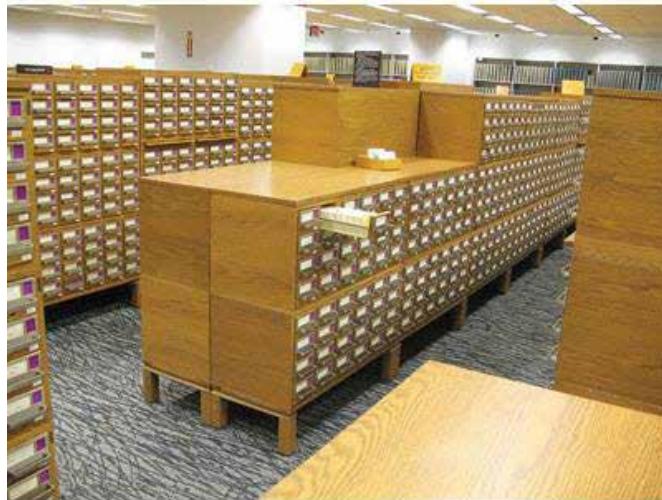
Belgians on the other hand, are all on holiday as usual; the only threat they are worried about is NATO pulling out of Brussels.

The Spanish are all excited to see their new submarines ready to deploy. These beautifully designed subs have glass bottoms so the new Spanish navy can get a really good look at the old Spanish navy.

Australia meanwhile, has raised its security level from "No worries" to "She'll be alright, Mate." Two more escalation levels remain: "Crikey! I think we'll need to cancel the barbie this weekend!" and "The barbie is cancelled." So far, no situation has ever warranted use of the final escalation level.

John Cleese – British writer, actor and tall person

Who remembers



the first search engine?

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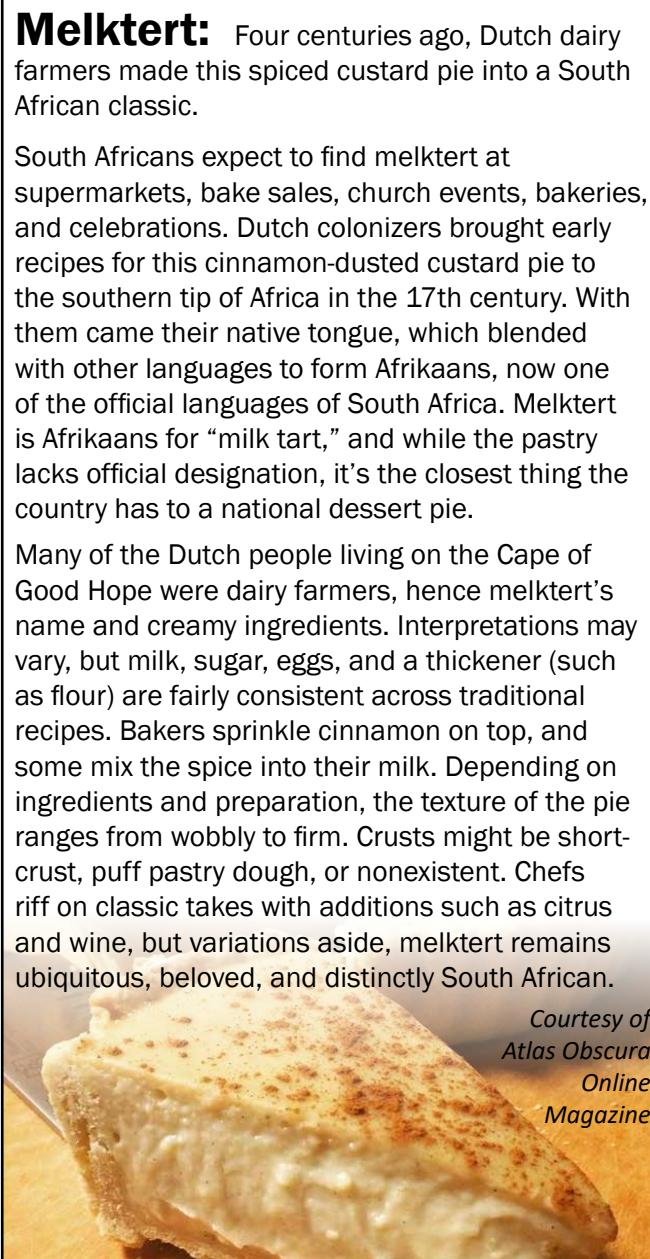
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THE LAW SHOP



Melktert: Four centuries ago, Dutch dairy farmers made this spiced custard pie into a South African classic.

South Africans expect to find melktert at supermarkets, bake sales, church events, bakeries, and celebrations. Dutch colonizers brought early recipes for this cinnamon-dusted custard pie to the southern tip of Africa in the 17th century. With them came their native tongue, which blended with other languages to form Afrikaans, now one of the official languages of South Africa. Melktert is Afrikaans for "milk tart," and while the pastry lacks official designation, it's the closest thing the country has to a national dessert pie.

Many of the Dutch people living on the Cape of Good Hope were dairy farmers, hence melktert's name and creamy ingredients. Interpretations may vary, but milk, sugar, eggs, and a thickener (such as flour) are fairly consistent across traditional recipes. Bakers sprinkle cinnamon on top, and some mix the spice into their milk. Depending on ingredients and preparation, the texture of the pie ranges from wobbly to firm. Crusts might be short-crust, puff pastry dough, or nonexistent. Chefs riff on classic takes with additions such as citrus and wine, but variations aside, melktert remains ubiquitous, beloved, and distinctly South African.

"Why Keep It Secret?" Available from Grey Power Rotorua

We're now on our 6th reprint. The foreword says: "Nothing is surer than death and taxes". "Why Keep It Secret?" does not replace a Will and is not a legally binding document. WKIS guides us through documenting our important information, so that those responsible for carrying out our wishes are clearly advised.

■ Order Form for Booklet "Why Keep It Secret?" Payment must accompany order

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DESCRIPTION: Booklet "Why keep it Secret?"

UNIT PRICE: \$5.00 per copy or
\$4.50 each for 10 copies or more
(includes Postage & Packing)

TOTAL: \$

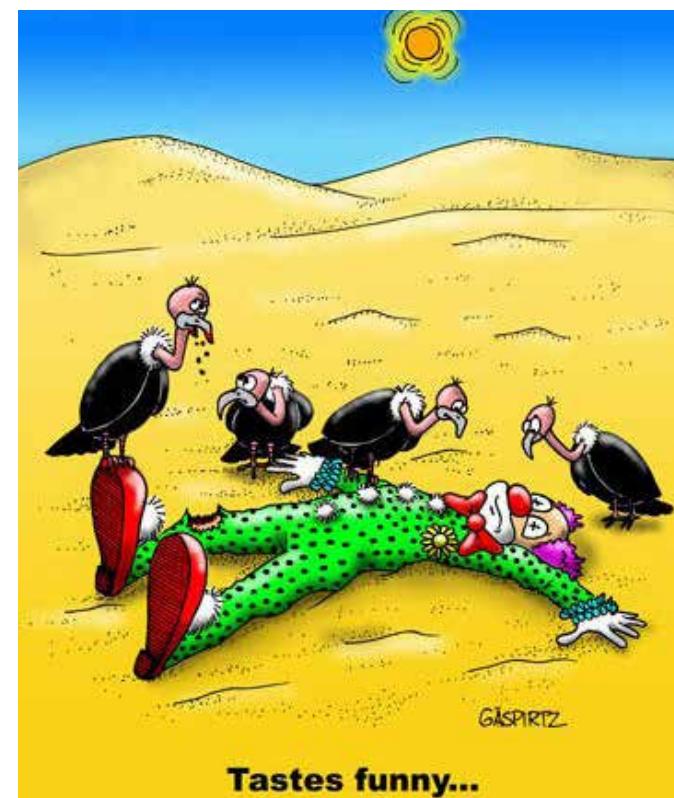
The oldest computer can be traced back to Adam and Eve.

Surprise! Surprise!

It was an Apple. But with extremely limited memory. Just 1 byte. Then everything crashed.



Start Winter 2022 with a big SMILE and a good LAUGH



The 1960s

Population - Red Cross babies



In 1960 New Zealand was still in the midst of the post-war baby boom. The peak came in 1961 when 65,476 babies were born. The baby boom ended in 1964. Immigration continued, and we continued to enjoy steady population growth until an economic recession struck in 1968. During the decade, New Zealand's population grew from approximately 2.4 million to almost 2.8 million.

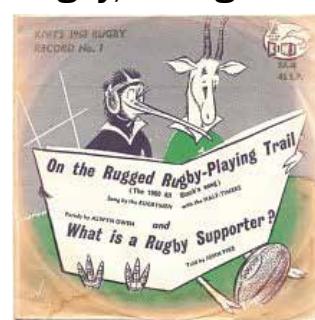
Economy - Wool industry cartoon



New Zealand's economic prosperity was based on secure access to the British market and high international prices for wool, which garnered more than a third of our export earnings. In late 1967 the export price for wool fell by 30%, triggering rising unemployment and inflation. Our access to the British market was also potentially compromised by the UK's desire to join the European Economic Community. Britain's share of our exports fell from just over 50% in 1965 to 36% five years later. By 1980 it would be less than 15%.

The average wage for full-time employees (including overtime and bonuses) at the end of 1969 was just under \$50 per week (equivalent to just over \$800 in 2018), an increase of \$20 (\$140) since 1959. The purchasing power of the minimum weekly wage for adult males (\$42) was very similar to that of the adult minimum wage in 2018.

Rugby, racing and beer.



In the 1960s, 'rugby, racing and beer' held sway in New Zealand culture. Rugby was the dominant sporting and cultural force, largely unchallenged on or off the field. The Ranfurly Shield was the ultimate symbol of provincial supremacy. During the decade,

Auckland, Taranaki and Hawke's Bay all had long tenures in possession of the log o' wood.

My old man's an All Black. This was also a golden age for All Black rugby. They lost just four tests out of 41 and suffered only one series defeat, to South Africa in 1960. This was the era of full-scale tours. The All Blacks' 1963-64 tour of the British Isles, France and Canada involved 36 matches played over four months. This was also the age of amateurs, and such tours imposed a significant financial strain on those selected for them. Men from this era such as the Meads brothers, Wilson Whineray, Kel Tremain, Brian Lochore, Ken Gray and Waka Nathan achieved legendary status.

Kiwis attended racecourses in large numbers and many also frequented their local TAB. In the early 1960s we spent more than £50 million annually gambling on horses. New Zealanders drank 71 litres of beer and stout per person each year. Until 1967 a good deal of this was consumed during the 'six o'clock swill'. The consumption of wine received a boost in 1961 when it was allowed to be served in restaurants for the first time.

Other 1960 events

- In February, Helen Garrett of Christchurch became the first woman to serve on a jury in a criminal case. The Women Jurors Act (1942) had provided for women aged between 25 and 60 to have their names placed on the jury list on the same basis as men - if they so desired.
- Barry Crump's novel *A good keen man* was published.
- Following a magnitude 9.5 earthquake off the coast of Chile (the most powerful earthquake of the 20th century) tsunami waves struck New Zealand's east coast in the late evening and early morning of 23/24 May.
- In September a 'riot' by young people at the Hastings Blossom Festival saw 'degeneracy and licentiousness among the nation's youth' become an election issue in November.
- The Aranui, TEAL's last operational flying boat, landed in Mechanics Bay, Auckland, for the final time on 14 September. The Coral Route - Auckland to Fiji, Samoa, the Cook Islands and Tahiti - was the world's last flying boat service running to a regular schedule.
- The USS Halibut (boasting nuclear-capable Regulus cruise missiles) became the first nuclear-powered submarine to visit New Zealand.

Can you remember 1960?

A extract from NZ History website Feb3,2022

**Grey Power Rotorua Inc
have NOT moved from
1333 Eruera St and are not
sharing space at Parksyde
House with Age Concern.**

We will remain where we are as long as we are able or until we can lease more prominent premises at a still affordable rent.

**NZ Post
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Bill Paying
Services**

Ngongotaha Books, Lotto and PostShop
161 Ngongotaha Road Ngongotaha

Paper Plus Rotorua Central
Shop 1, Central Mall, 1170 Amohau Street

Westend Dairy
164 Malfroy Road, Utuhina

Grey Power Rotorua Inc.

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www.greypowerRotorua.org.nz

PO Box 414, ROTORUA 3040
1333 Eruera Street
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11.00am - 2.00pm
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One Year Subscription. From 1 April - 31 March

Payment Options

Internet banking - Complete and submit application form at our website www.greypowerRotorua.org.nz

And pay by internet banking. Bank account 38 9020 0355889 01 .

Include reference NEW and name or member number.

Grey Power office - Come in, complete a renewal or membership application form and pay by cash or EFTPOS.

EFTPOS : Cheque or savings only as we cannot accept Credit Cards.

Switch Off Your Engine to Save Fuel and Emissions

Transport makes up almost half our energy-related emissions in Aotearoa New Zealand. Choosing to walk or cycle, using public transport, or switching to electric vehicles are some of the ways we can reduce our transport emissions.

But if you do need to use a petrol or diesel car, another way to have an impact is to get in the habit of switching off your engine when your vehicle isn't moving – something known as engine idling. Engine idling is more common than people realise – and with petrol and diesel prices rising quickly, it's a great way to save money on fuel.

Idling isn't good for several reasons, apart from damaging the environment. It can impact your vehicle's useful life, your health, and the health of the other motorists and pedestrians inhaling your fumes.

The emissions and fumes from idling engines have been linked to major health concerns including eye, throat, and bronchial irritation, nausea, coughs, allergies, increased risk for cardiac events, decreased lung function, and even cancer. For people with pre-existing heart disease, asthma or other lung problems, car emissions can be a major contributor to symptoms.

Children are particularly vulnerable because their respiratory systems are still developing, which makes idling a real issue around schools. Think about all the cars outside schools across the country that idle unnecessarily every day, creating pollution hotspots that are damaging to children's health.

Switching off your engine can lower your fuel costs. The amount of fuel a vehicle uses while idling ranges from between 0.75L/hour to 1.9L/hour for passenger vehicles. At a petrol cost of \$3/L for Unleaded 91, that works out to be between \$2.25 and \$5.70.

A recent Transport Energy/Emission Research report from Australia found that passenger vehicles are likely to idle more than 20 per cent of their drive time. To put that into perspective, removing idling from the journey would be like removing up to 320,000 cars from New Zealand roads.

A lot of newer vehicles have a start-stop system that switches off a car's engine when the vehicle is stopped. According to the AA, this technology delivers between 5 and 10 per cent lower emissions and also leads to a similar improvement in fuel economy.

The myth that switching your engine off and then

turning it back on is bad for your vehicle or uses more fuel isn't true. It may have an impact on your battery but it is minimal and no reason not to switch off.

If you idle for 10 seconds or more, then turning off your engine and turning it back on does not burn more fuel than idling. So stick to the 10-second rule. If you're idling for more than 10 seconds, turn off your engine.

If your vehicle doesn't have a start-stop system, try and get in the habit of switching off your engine whenever you're stalled. If you're frustrated by traffic, use it as a trigger to switch off your engine. Who knows, switching off your engine might actually reduce your stress levels too.

Source: genless.govt.nz (shortened)

Technically, Moses



**was the first person
with a tablet
downloading data
from the cloud**

In life we do things. Some we wish we had never done. Some we wish we could replay a million times in our heads. But they all make us who we are, and in the end they shape every detail about us. If we were to reverse any of them we wouldn't be the person we are. So just live, make mistakes, have wonderful memories, but never ever second guess who you are, where you have been, and most importantly where it is you're going.